



APOTH ECARI NGJEN

jen
BROWN

Empowerment Speaker,
Founder, and Host of
Random Thoughts Some Useful



3.4k



1.1k



6.2k



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ABOUT

Jen is a multi-passionate entrepreneur, empowerment coach, and creative strategist with over 20 years of experience helping people and businesses heal, grow, and thrive. As the founder of ApotheCaringJen, she brings together mindset, wellness, soulful strategy, and creative execution to support others in building aligned lives and purpose-driven brands.

SERVICES

- Photography/Graphic Design
- Interior Design/ Hair, Makeup, Fashion
- Social Media Marketing/ Branding
- Creating/Implementing policies/procedures
- Efficiency Management
- Conflict Resolution

APOTHECARINGJEN'S AUDIENCE



3.4k



1.1k



6.2k



1k



50

EXPERIENCE

- Strategic business consulting + systems building
- Brand and marketing design (digital + print)
- Photography and videography for personal brands and events
- Interior and fashion styling with a functional, high-vibe aesthetic
- Mind-body wellness coaching with a focus on resilience and mindset
- Pet care, beginner training, and pet photography (because, yes, even the dogs feel better around her energy)

She's also the voice behind Random Thoughts – Some Useful, a podcast that blends unfiltered storytelling with deep conversations about healing, growth, faith, and starting over. After surviving stage 4 cancer, Jen brings a deeply personal lens to everything she creates—and is now relaunching her vision with more purpose than ever.

Whether you're building a business, healing your life, or starting over from scratch, Jen meets you where you are—and helps you create something powerful from it.

"An organized and intentional mind Creates A Life You Want."